



# 2023 Grand Rounds - The Power of Lifestyle Medicine Training in Medical Education and Practice

**When:** 8/17/2023 8:00:00 AM - 8/17/2023 9:00:00 AM

**Activity ID:** 5817

**Location:** Adele Hall - Auditorium (West Lobby) and Online

**Faculty:**

Jennifer Trilk, PhD, FACSM, DipACLM

Professor, Department of Biomedical Sciences & Director, Lifestyle Medicine & Exercise is Medicine  
Greenville

University of South Carolina School of Medicine Greenville

**Event Description:**

[Click here to join the presentation from your laptop or computer.](#)

Local and national leaders present pediatric topics in their area of specialty during this weekly series.

**Objectives:**

At the conclusion of this activity, the participant will be able to:

- 1 Describe the rationale for provider training in evidence-based Lifestyle Medicine to use in conjunction with conventional medicine to prevent, treat, and reverse chronic conditions.
- 2 Discuss examples of needed training in medical education regarding Lifestyle Medicine mechanisms related to chronic conditions.
- 3 Define what you can do to promote Lifestyle Medicine training as a clinician and educator.

**Accreditation:**

**Continuing Medical Education (CME)**

Children's Mercy Hospital is accredited by the Missouri State Medical Association to provide continuing medical education for physicians.

Children's Mercy Hospital designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Radiology**

This activity has been approved by ASRT for 1.00 Category A CE credits.



**Other Healthcare Professionals**

Other healthcare professionals who participate in this activity may submit their attendance certificate to their appropriate accrediting organizations or state boards for consideration of credit. Participants are responsible for determining whether this activity meets the requirements for acceptable continuing education.

[Disclosures:](#)

The planners and faculty of this series have disclosed the following financial relationship(s) with ineligible companies/commercial interests:

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Name of Ineligible Company(s) / Nature of Relationship(s)</b>
Fadi J Al Muhaisen, MBBS	Course Director	Nothing to disclose - 01/11/2023
Jennifer Trilk, PhD, FACSM, DipACLM	Faculty	Nothing to disclose - 06/11/2023
Julia R Broussard, MD	Other Planning Committee Member	Nothing to disclose - 05/26/2023
Jose Cocjin, MD, Physician	Other Planning Committee Member	Nothing to disclose - 01/11/2023
Krishna Dummula, MD, FAAP	Other Planning Committee Member	Nothing to disclose - 01/11/2023
Rochelle Harris, PhD, ABPP	Other Planning Committee Member	Nothing to disclose - 01/11/2023
Susan B Hathaway, PhD	Other Planning Committee Member	Nothing to disclose - 12/12/2022
Amy L Hill, MBA	Other Planning Committee Member	Nothing to disclose - 06/20/2023
Rose A. Mettlen , MSW	Other Planning Committee Member	Nothing to disclose - 08/08/2023
Brenda Salley, PhD	Other Planning Committee Member	
Joy L Solano, MD	Other Planning Committee Member	Nothing to disclose - 01/10/2023
Meena Sreedhara, PhD	Other Planning Committee Member	Nothing to disclose - 11/02/2022
Shayla Sullivant, MD	Other Planning Committee Member	Nothing to disclose - 07/14/2023



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