



2026 Pediatric Grand Rounds - Mindfulness in Medicine - Flourishing in Medicine: Reconnecting with Self, Colleagues, and Patients Through Mindful Practice and Human Connection - Dr. Julius M. and Marjorie R. Kantor Endowed Lectureship

When: 7/16/2026 8:00:00 AM - 7/16/2026 9:00:00 AM

Activity ID: 8709

Location: Adele Hall - Auditorium (West Lobby)

Faculty:

Jodi Jackson, MD, Physician

Neonatologist

Children's Mercy Hospital

Event Description:

[Click here to join the presentation from your laptop or computer.](https://cmkc.tv/4egQMf3) (link does not work from mobile devices): <https://cmkc.tv/4egQMf3>

Local and national leaders present pediatric topics in their area of specialty during this monthly series.

OBJECTIVES:

At the conclusion of this activity, the participant will be able to:

- 1 Maintain and advance knowledge and skills related to pediatric conditions seen in our region.
- 1 Explore how mindfulness can facilitate a focus on vocation helping us reconnect with what matters most in our lives and work.
- 2 Share literature supporting the use of mindfulness training in medicine, including outcomes of the UMKC facility/student Mindfulness in Medicine Program.
- 2 Increase collaboration across professions of the healthcare team.
- 3 Provide practical strategies that support flourishing in medical practice.
- 4 Reignite energy in medical practice, through noticing and curiosity.

CRITERIA FOR SUCCESSFUL COMPLETION:

- Record attendance as directed
- Fully participate in the activity
- Complete the evaluation by the deadline shared at the activity


ACCREDITATION:

Continuing Medical Education (CME)

The Children's Mercy Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Children's Mercy Hospital designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Anesthesiology (ABA)

 **MOCA** MAINTENANCE OF CERTIFICATION IN ANESTHESIOLOGY This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology[™] (MOCA[®]) program, known as MOCA 2.0[®]. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements.

American Board of Pathology (ABPath)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.00 Lifelong Learning credit in the American Board of Pathology (ABPath) Continuous Certification program. It is the CME provider's responsibility to submit learner completion information to the ACCME for the purpose of granting ABPath credit.

American Board of Surgery (ABS)



Successful completion of this CME activity enables the learner to earn credit toward the CME requirement of the American Board of Surgery's Continuous Certification program. It is the CME provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Nursing Contact Hours

Participants who meet the criteria for successful completion will receive 1.00 contact hours.

Children's Mercy Kansas City is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Dietitian

This program has been approved for Dietitian Continuing Education credit by the KDHE, Kansas Sponsorship #D1273, for 1.00 clock hour(s).

Radiology

This activity has been approved by ASRT for 1.00 Category A CE credits.

Respiratory Therapy

Children's Mercy Hospital's CE Evaluator has approved this program for 1.20 hours of Respiratory Continuing Education on behalf of the Kansas Respiratory Care Society, a chapter of the AARC. Providership #KRCS003

Social Work

1.00 Social Work CEU's will be provided to licensed social workers. Children's Mercy Hospital's Department of Social Work and Community Service has been approved as a Continuing Education Provider by the State of Kansas Behavioral Sciences Regulatory Board.

Other Healthcare Professionals

Other healthcare professionals who participate in this activity may submit their attendance certificate to their appropriate accrediting organizations or state boards for consideration of credit. Participants are responsible for determining whether this activity meets the requirements for acceptable continuing education.

DISCLOSURES:

Children's Mercy Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

The planners and faculty of this series have disclosed the following financial relationship(s) with ineligible companies/commercial interests:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Fadi J Al Muhaisen, MBBS	Physician Planner	Nothing to disclose - 05/07/2026
Kate A Benton, PhD	Other Planning Committee Member	
Laura Blasi, MD	Physician Planner	
Kelly Elrod, DNP, NPD-BC	Nurse Planner	Nothing to disclose - 12/30/2025
Julia Harris, MD	Physician Planner	Nothing to disclose - 01/12/2026
Amy L Hill, MBA	Other Planning Committee Member	Nothing to disclose - 05/12/2026
Jodi Jackson, MD, Physician	Faculty	Nothing to disclose - 05/21/2026
Rose A. Mettlen, MSW	Activity Coordinator	Nothing to disclose - 06/09/2026
Katherine Mick, MSN	Other Planning Committee Member	Nothing to disclose - 05/01/2026
Ross Newman, DO	Physician Planner	Nothing to disclose - 03/05/2026
Jaime Silva-Gburek, MD	Physician Planner	Nothing to disclose - 08/31/2025
Joy L Solano, MD	Physician Planner	Nothing to disclose - 08/19/2025
Elizabeth Willen, PhD	Physician Planner	Nothing to disclose - 11/07/2025



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