# Fetal webinar series Tuesday 6/14/2022

### The Single Ventricle in the Fetus

Maria Kiaffas, MD, PhD
Director Fetal Cardiology, Ward Family Heart Center
Children's Mercy Hospital
Assistant Professor, UMKC







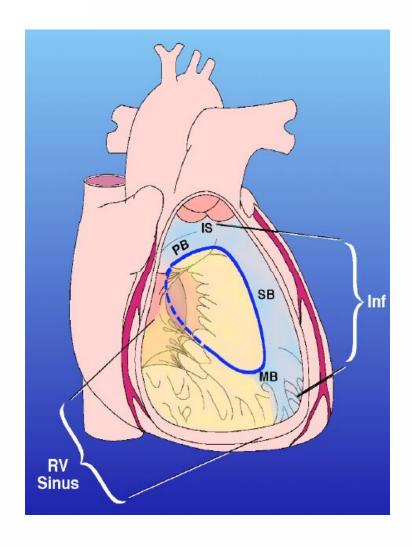


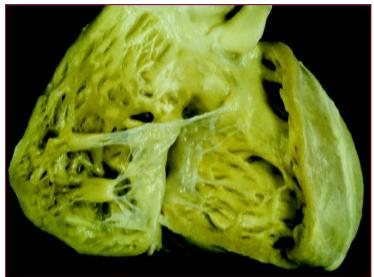
### **Objectives**

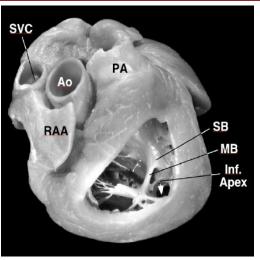
- Review the definition of single ventricle
- Review the commonly encountered anatomic SV variations
- Review the diagnostic approach to the SV
- Review appropriate counselling and management

## What is a Single Ventricle?

- Let's start with what is a normal ventricle?
- Normal ventricles comprise of an inlet, trabecular portion or body and of an outlet.
- Single Ventricle doesn't exist
- Large dominant ventricle and a small rundimentary ventricle
- The terms used are Single ventricle, Univentricular heart, Common ventricle and, more recently, Single Functional ventricle.







Courtesy Tal Geva, Boston Children's Hospital



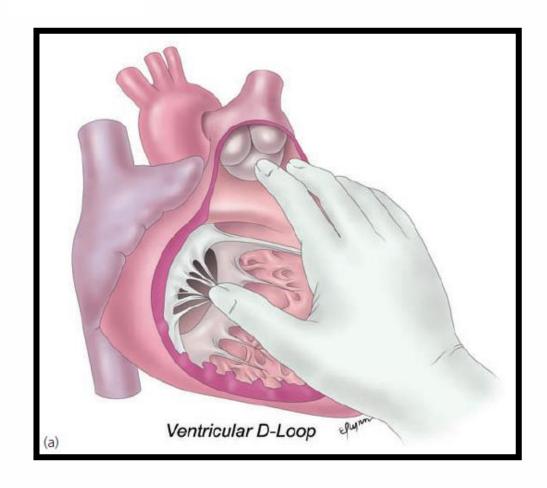


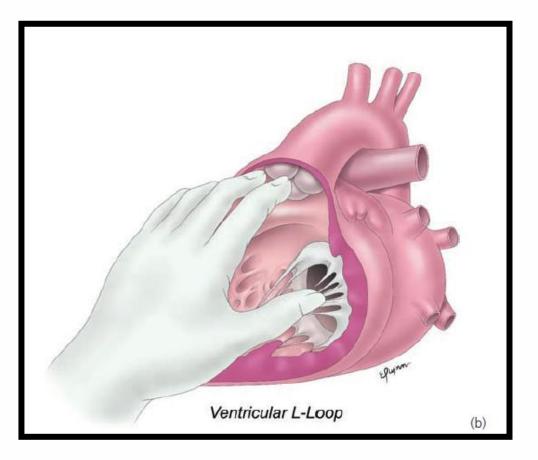
Fig 17. The left ventricle (LV) is elliptical as seen from posterior (left). The opened left ventricle (right) shows the smooth mid and basal septum (Sept) with fine apical trabeculations. The mitral valve (MV) has 2 free-wall papillary muscles (\*).



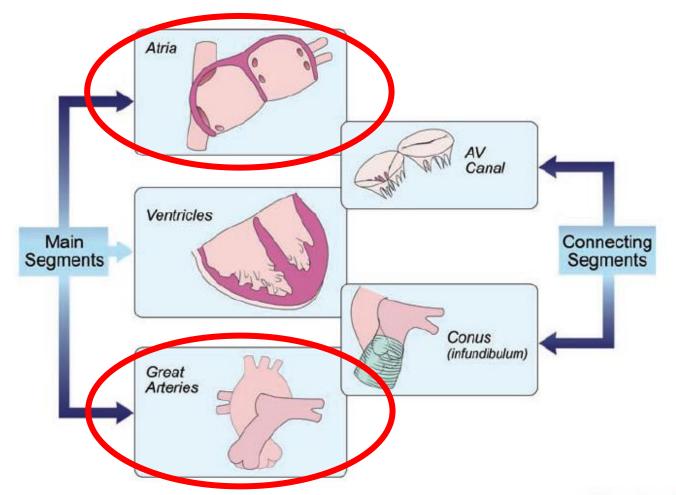
Fig 18. The left ventricle viewed from the apex shows the free wall papillary muscles (\*), the adjacent and nearly parallel inflow ( 💉 ) and outflow ( 🗸 ) tracts, and the outflow tract between the anterior mitral leaflet and the septum.

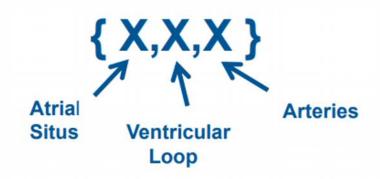




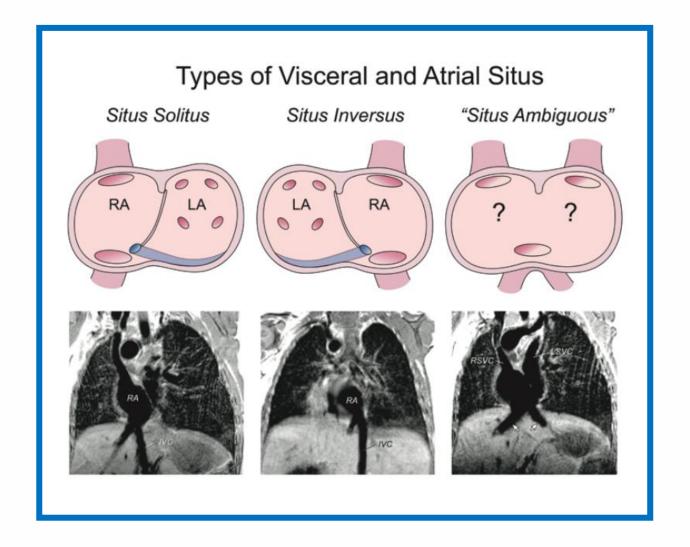


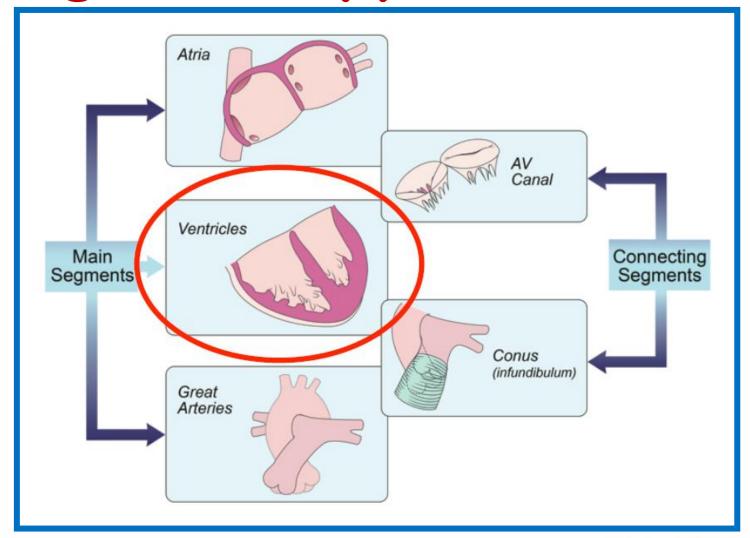




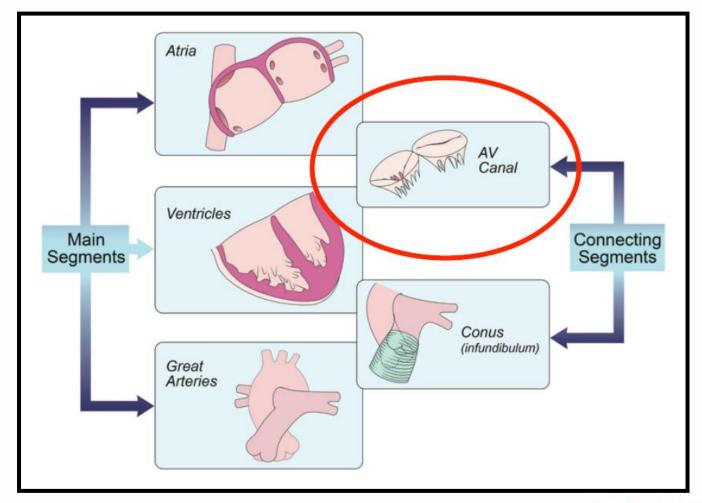


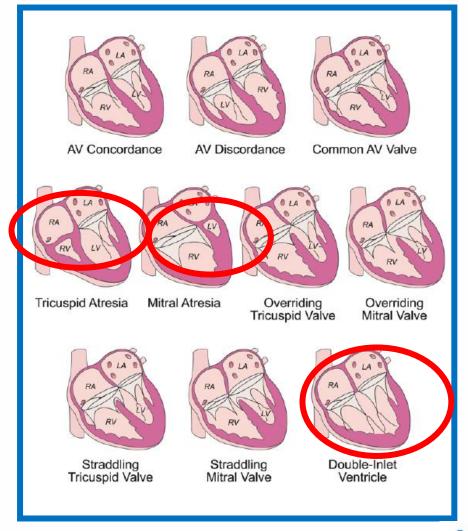
- 1. Thoracoabdominal situs
- 2. Cardiac position
- 3. Segment-by-segment
- 4. Atrial situs (solitus, inversus, ambiguous)
- 5. Ventricular situs (D-loop, L-loop)
- 6. AV connection/alignment
- 7. Ventriculo-arterial alignment
- 8. Conal (infundibular) anatomy
- 9. Relationship between great arteries
- 10. Associated anomalies



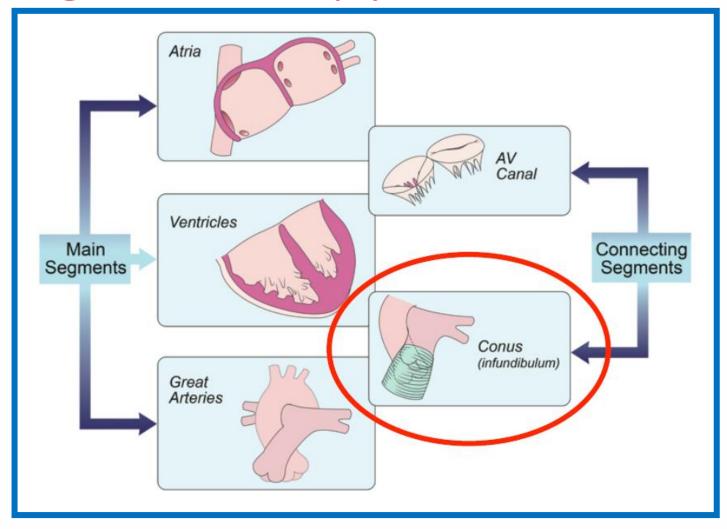


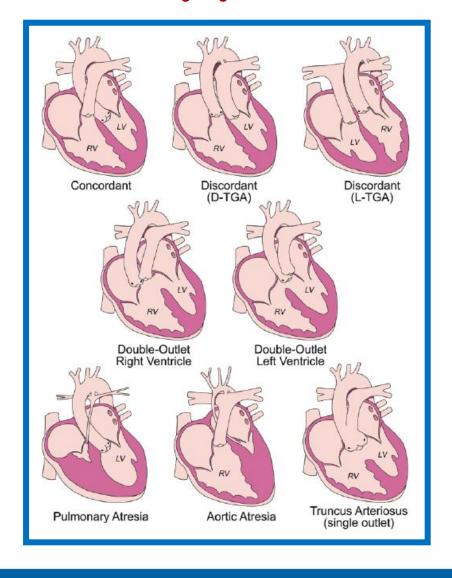




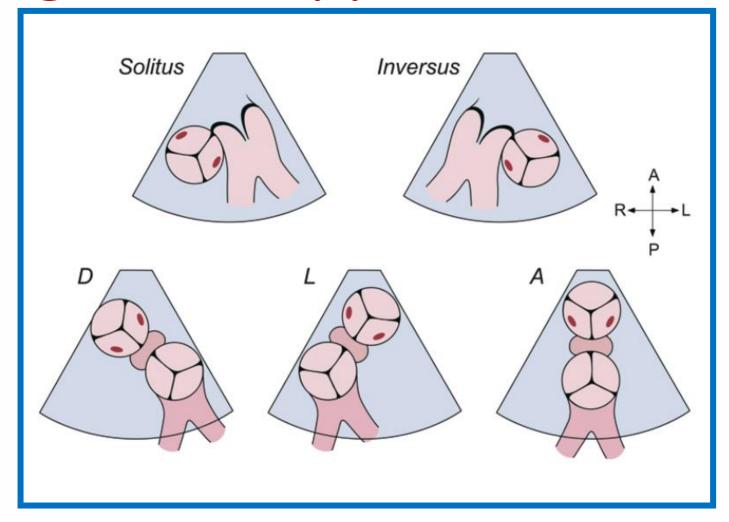




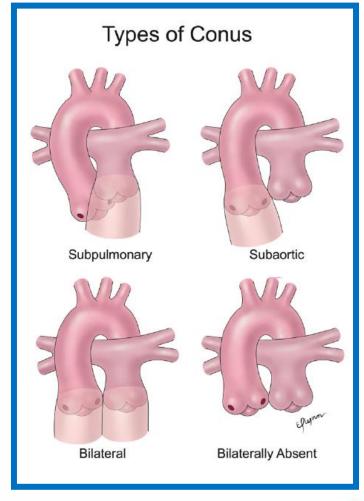










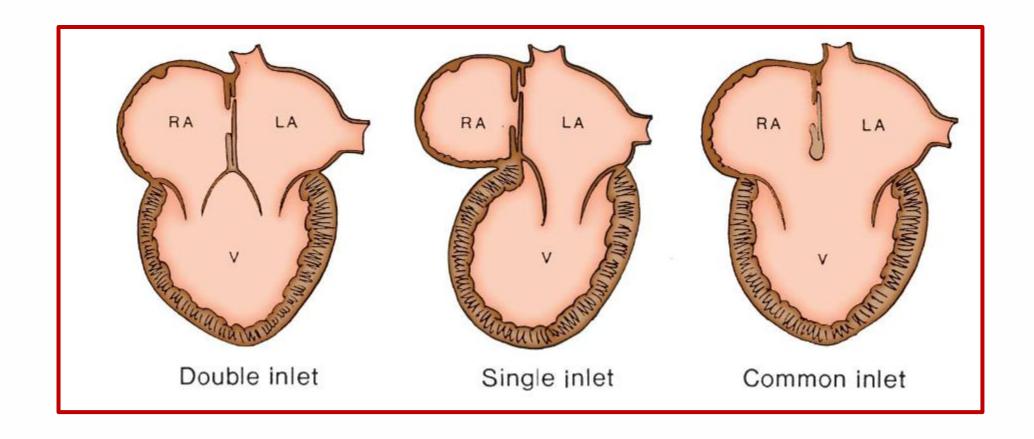


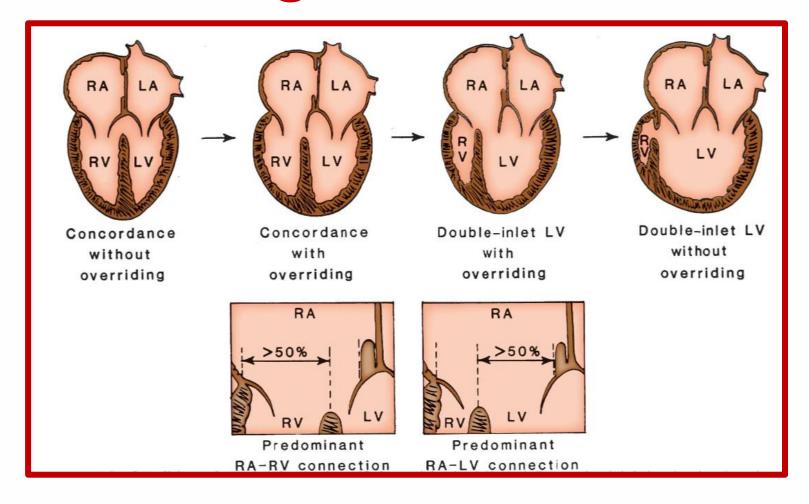


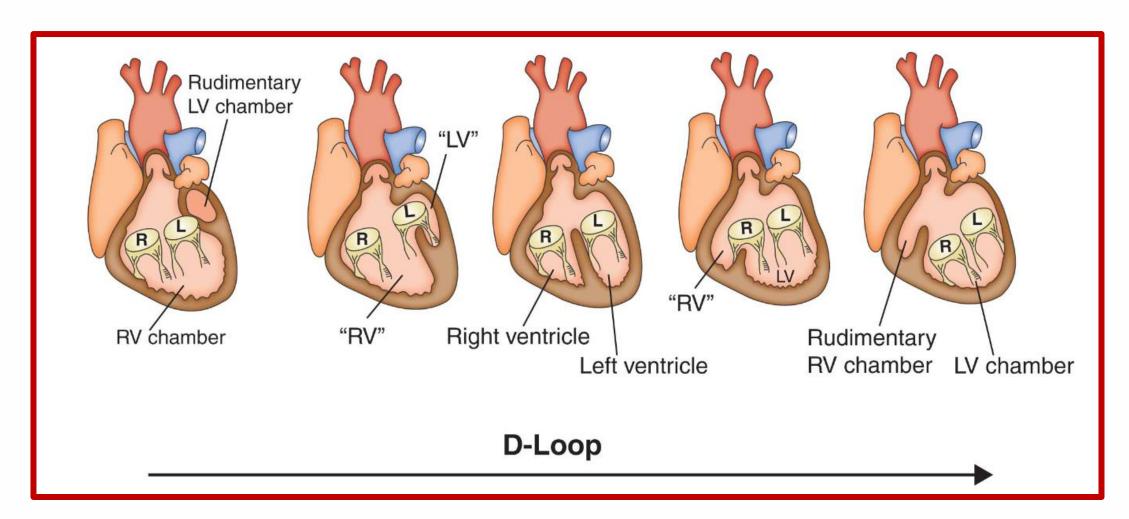
#### **Four Chamber View**

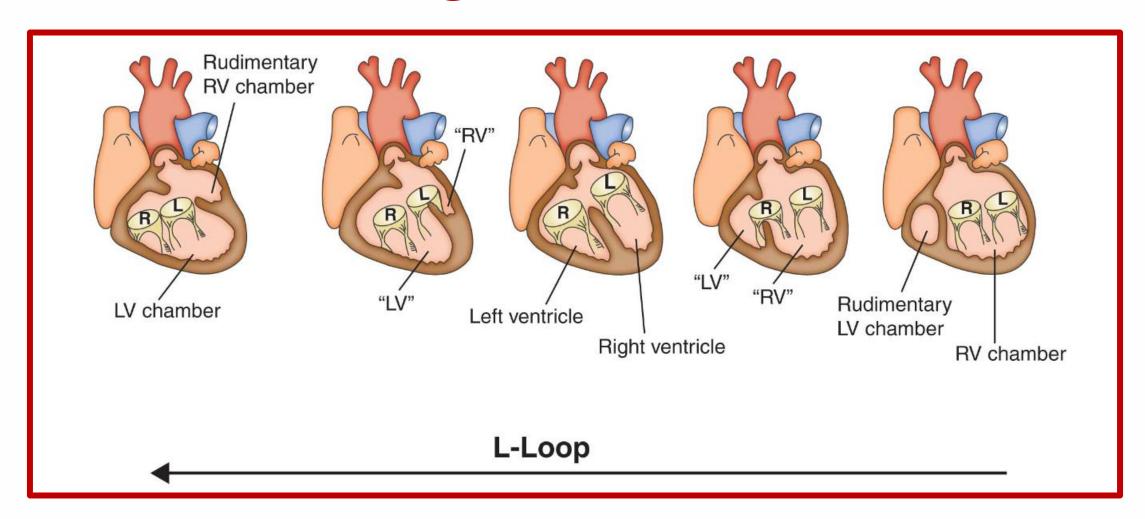












- The commonest form of Single Ventricle ~78%
- Four subgroups according to the Great Artery Relationship
  - I Normally related great arteries
  - II Right Anterior Aorta
  - III Left Anterior Aorta
  - IV Left posterior Aorta (inverted)
- Subaortic Obstruction (usually at the level of the BVF)
- Pulmonary Stenosis

- DILV with left sided subaortic HRV and discordant VA connections
- Commonest~38%
- Subpulmonary Obstruction





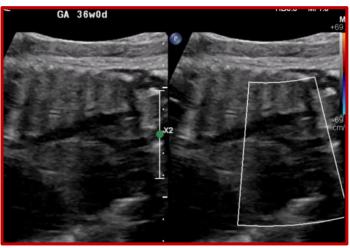












- DILV with Rt sided HRV
- ~ 25%
- TGA physiology



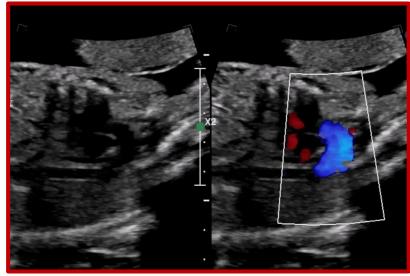




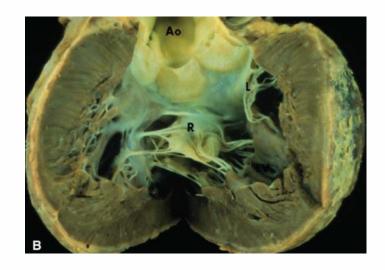


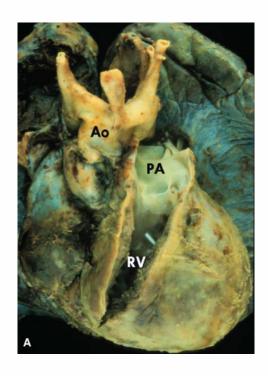






- DILV with NRGA Holmes Heart
- Relatively rare ~15%
- Subpulmonary Obstruction

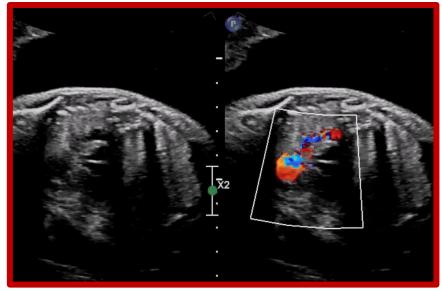












## Counseling - Management

- Single ventricle by definition will go down the SV pathway
- At least 3 surgical interventions will be needed
- Prognosis depends on the individual anatomic characteristics of each fetus
- When there is hypoplasia of one great artery PGE might be needed
- Number and kind of intervention will depend on anatomy
- In {S,L,L} DILV possibility of need of a pacemaker

#### Conclusions

- Functional single ventricle although rare has a broad spectrum of 'phenotypes'
- Important elements for accurate diagnosis as well as prognosis are:
  - Atrial situs
  - Atrioventricular alignments connections
  - AV valve morphology
  - Ventricular looping and morphology
  - Communication of the dominant to the outlet (rudimentary chamber)
  - Relation and size of the great arteries
  - Heart rate and AV conduction

