Heterotaxy Syndrome: When Your Organs Decide to Mix It Up!

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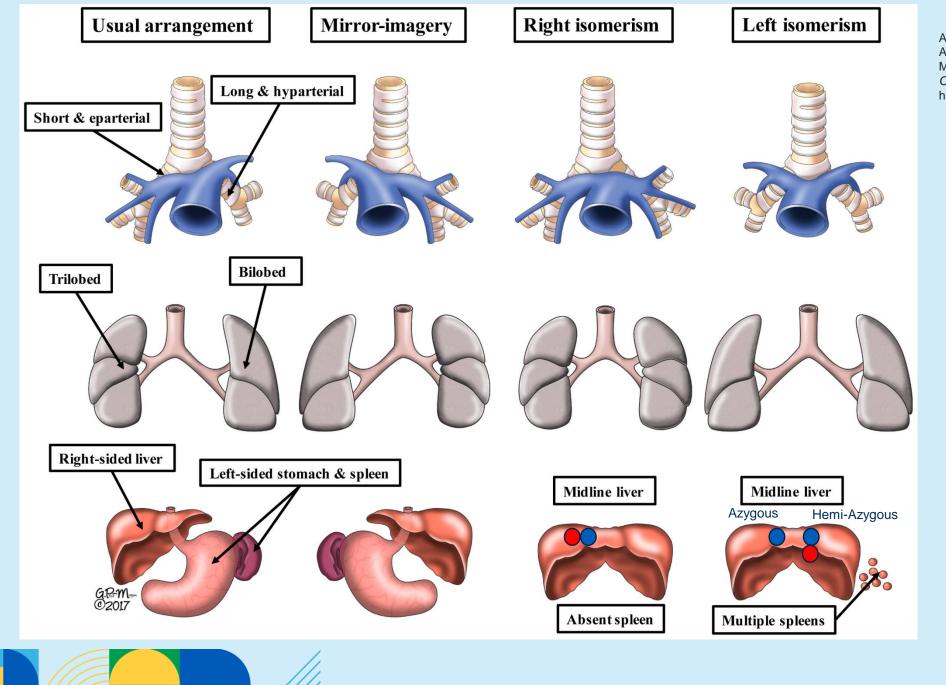
What is Heterotaxy?

Greek meaning Heteros (other) Taxis (arrangement)

- Abnormal lateralization of abdominal and thoracic viscera
- Birth prevalence 1 in 10,000
- Normal R/L asymmetry is established very early in embryonic development by ciliary motion
 - Most known Primary Ciliary Dyskinesia
 - Many other genes have been implicated in either right or left atrial isomerism

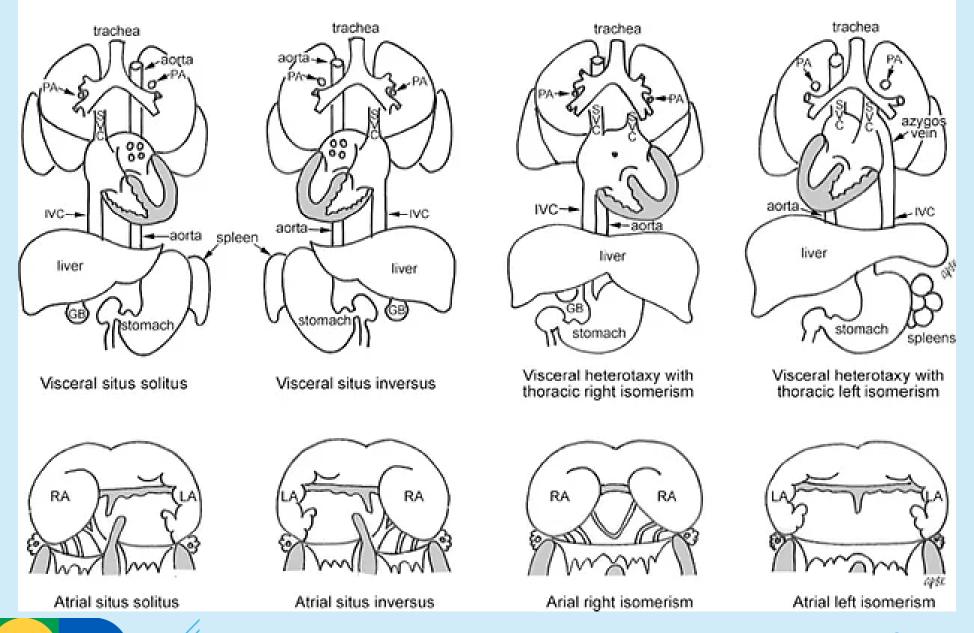




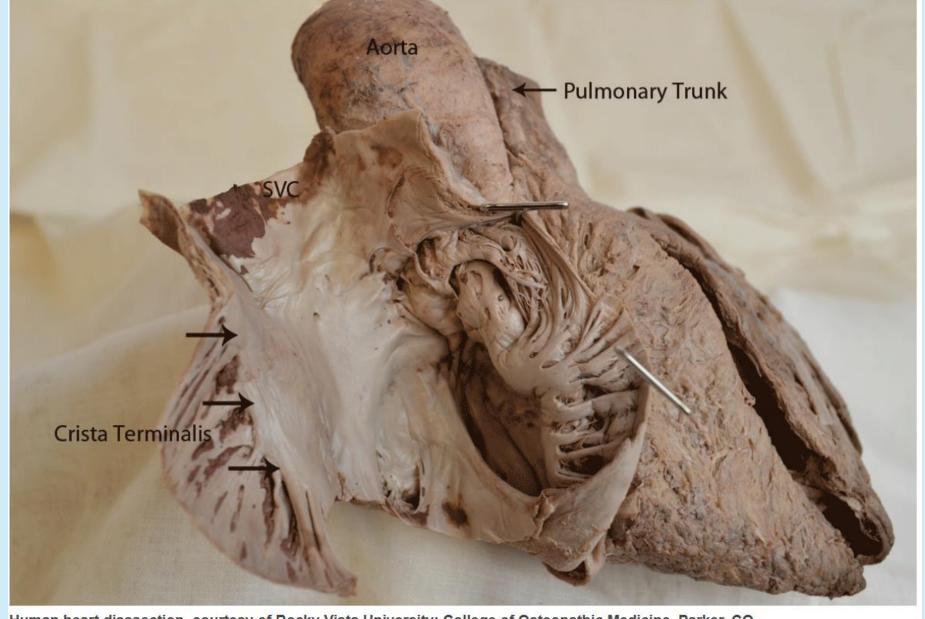


Anderson, R. H., Spicer, D. E., & Loomba, R. (2018). Is an Appreciation of Isomerism the Key to Unlocking the Mysteries of the Cardiac Findings in Heterotaxy? *Journal of Cardiovascular Development and Disease*, *5*(1), 11. https://doi.org/10.3390/jcdd5010011





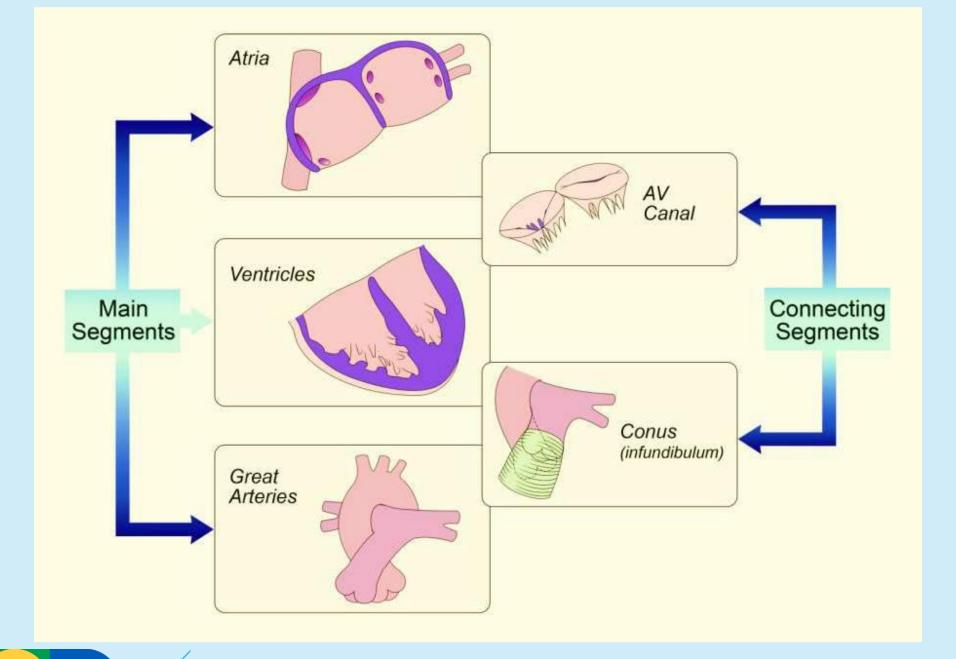




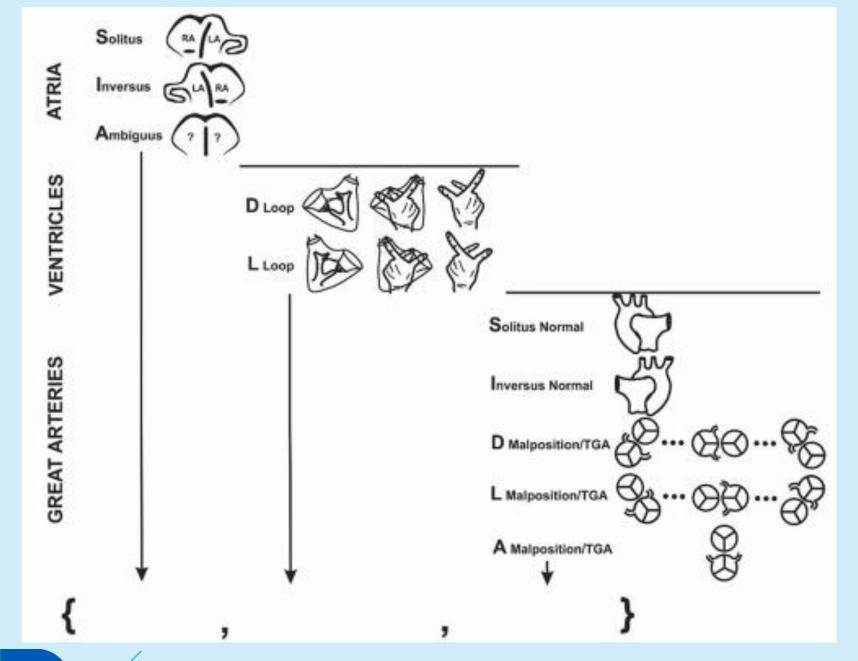
Human heart disssection, courtesy of Rocky Vista University; College of Osteopathic Medicine. Parker, CO



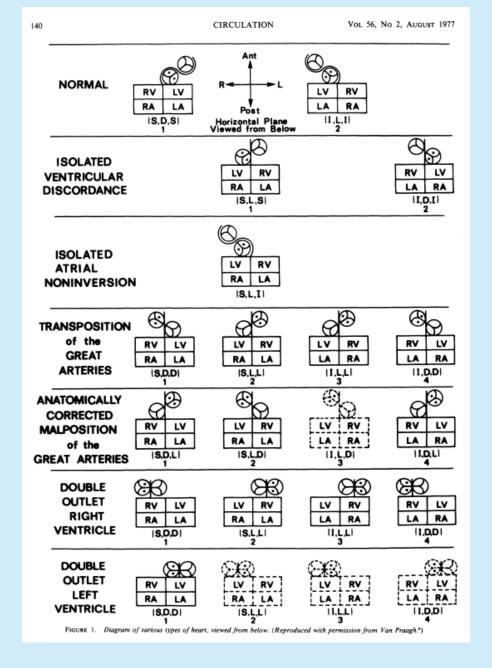














Left isomerism

- Absent/rudimentary sinus node, heart block
- Bilateral SVC
- Absent or interrupted IVC (90% cases)
 - Enlarged azygous veins (to SVC)
 - Hepatic veins directly connected to atrium
- Ipsilateral pulmonary vein connections but can be variable





Left isomerism – cont,

- AV Canal
- LVOTO
- Coarctation
- Arch side, topology of ventricles, position of heart, position of heart is random

- Polysplenia, often abnormal function
- Bilobed lungs





Right isomerism

- Asplenia
- Dual SA nodes, atrial tachycardia, EAT
- Bilateral SVC
- IVC and descending aorta same side spin
- Absent coronary sinus
- TAPVR (supra, infra, intra or mixed)





Right isomerism – cont.

- Atrioventricular Septal Defect
 - Unbalanced
- DORV
 - Pulmonary stenosis or atresia with single outlet with aorta originating from RV
- Arch side, position of heart, position of heart is random









	Right Isomerism	Left Isomerism
AV Connections		
Atrioventricular Canal	Almost 100%	~2/3 of patients
VA Connections	DORV	>50% normal VA connection
	Pulmonary stenosis or atresia	Sub-aortic/aortic stenosis
Pulmonary Veins	TAPVR	Ipsilateral PV drainage
Systemic Veins	Bilateral SVC	Bilateral SVC
	Absent coronary sinus	Interrupted IVC
		Abnormal hepatic vein connection to heart
Conduction System	Bilateral sinus nodes	Complete heart block
		Paired AV nodes

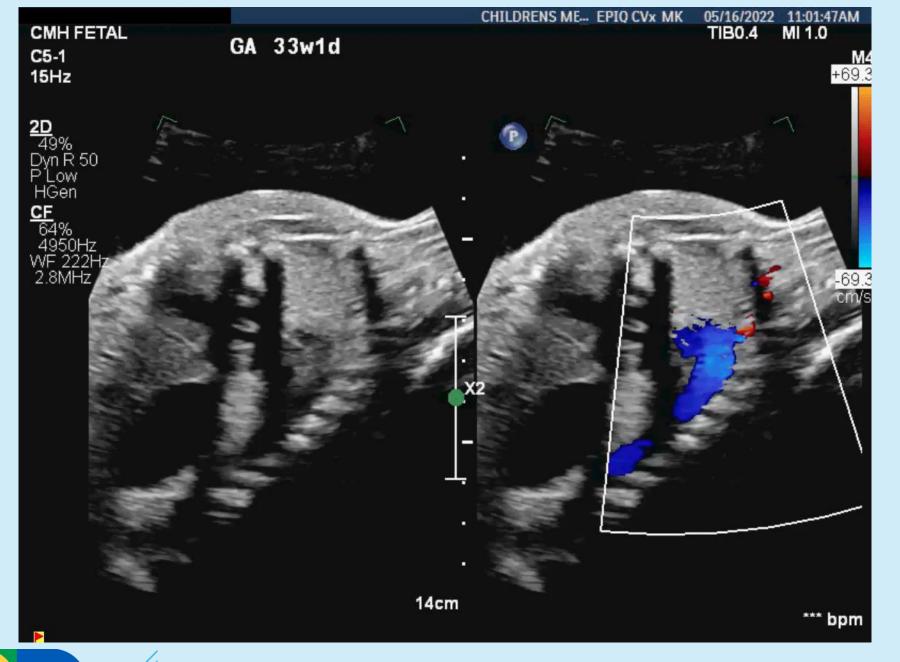




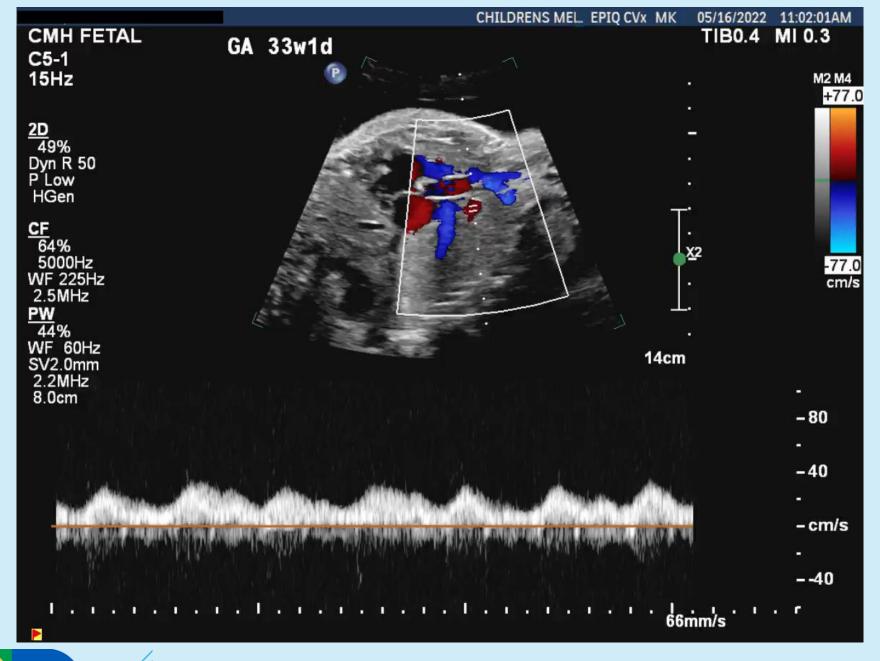




















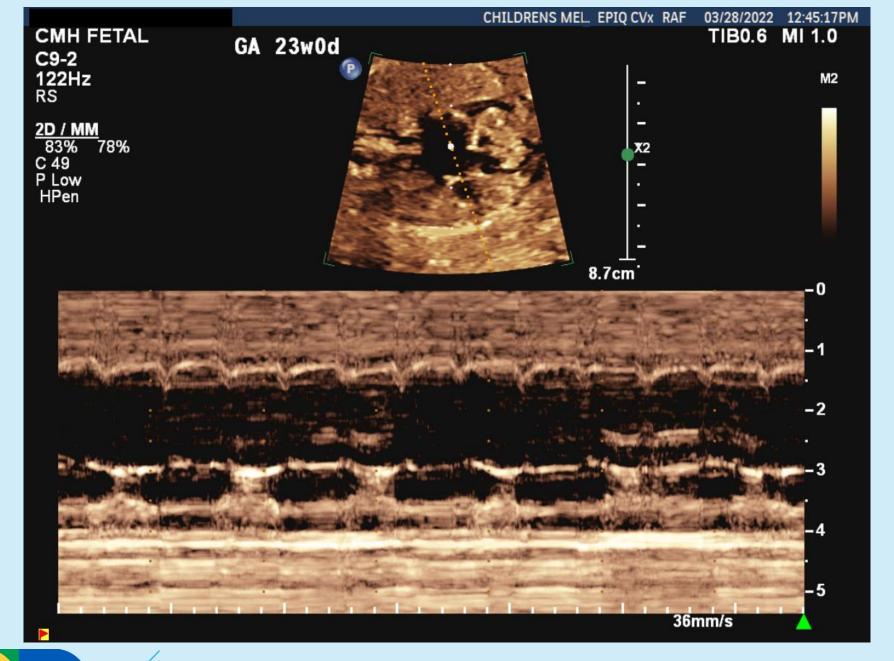




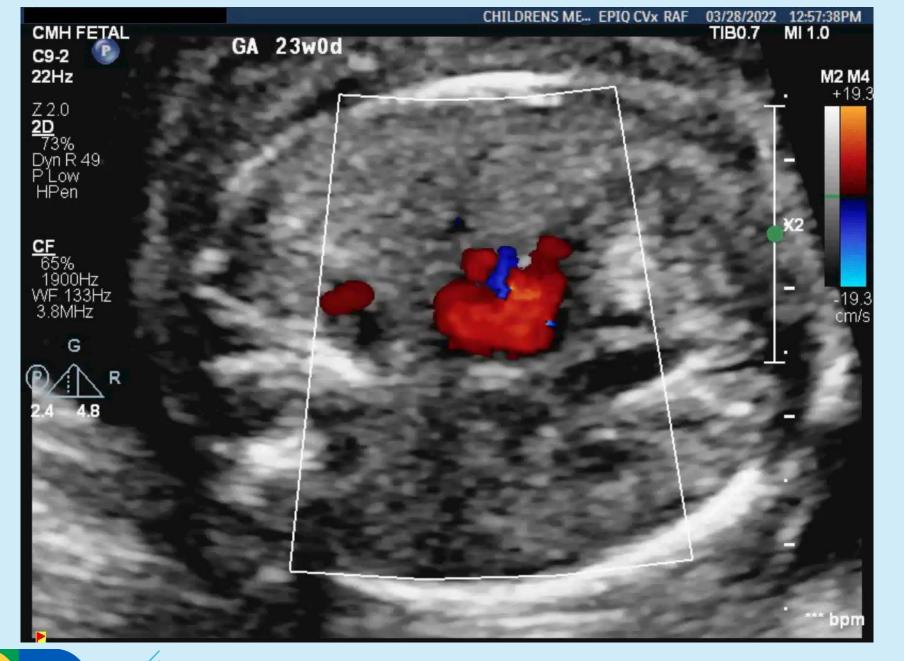
































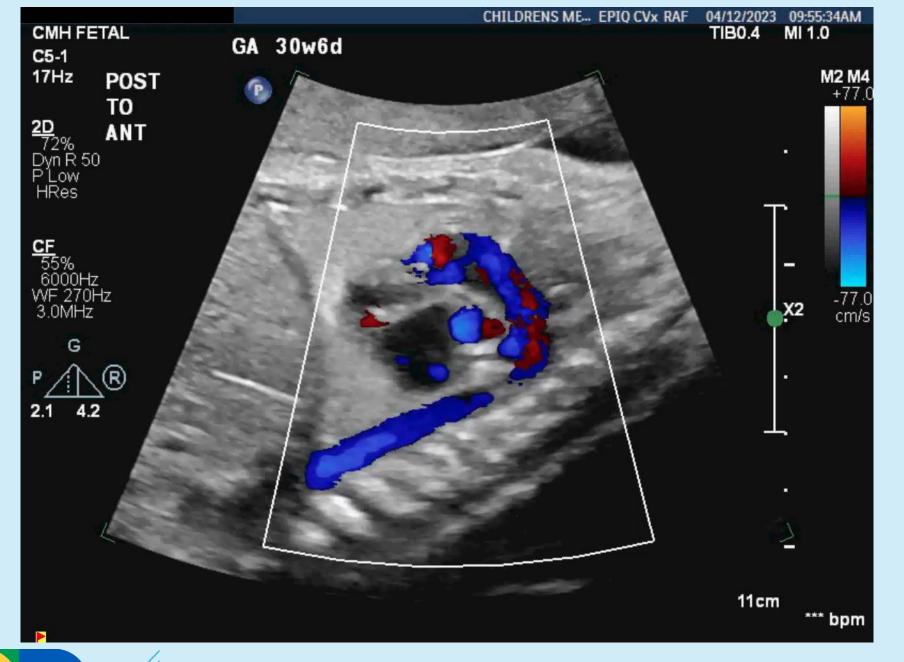






















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